

## **COVID-19 INSTRUCTIONS:**

- 1. Wearing of mask in the college campus is compulsory.**
- 2. Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.**
- 3. Maintain at least 1 metre(3 feet) distance between yourself and others.**
- 4. Avoid going to crowded places even in the college campus maintain 3ffet distance.**
- 5. Avoid touching eyes, nose and mouth.**
- 6. Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately and wash your hands.**
- 7. Stay home and self-isolate even with minor symptoms such as cough, headache, mild fever, until you recover.**
- 8. If someone bring you supplies or you need to leave your house, wear a mask to avoid infecting others.**
- 9. If you have a fever, cough and difficulty breathing, seek medical attention, but call by telephone in advance if possible and follow the directions of your local health authority.**
- 10. Keep up to date on the latest information from trusted sources, such as your local or state or national health authorities or WHO.**